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Disaster Recovery Resources for Michigan Families

Michigan State University Extension Resources

- Michigan State University Extension
 - o <u>Severe Weather and Flooding</u>: Information for agriculture, family, community and home
 - <u>Family</u>: Resources on aging, bullying, caregiving, early childhood development, homeownership, managing relationships, money management and violence prevention
 - <u>Ask an Expert</u>: Information and resources for consumers, farmers, businesses with questions
 - o Resources for Farms Impacted by Flooding
 - o Food Safety During Emergencies

Disaster Resources

National Relief Agencies

- <u>American Red Cross</u>: Helps prepare communities for emergencies and keep people safe
- <u>Catholic Charities</u>: The Disaster Preparedness and Response Program provides relief and recovery services, including emergency food, shelter, direct financial assistance, counseling and support (1-800-919-9338)
- Consumer Financial Protection Bureau: Your Disaster Checklist to protect financial records
- <u>Extension Disaster Education Network</u>: Educational resources to reduce the impact of natural and man-made disasters.
 - The <u>Children and Disasters page</u> offers useful tips to help children, youth and teens respond to and recover from disasters.
- <u>Federal Emergency Management Agency (FEMA)</u>: May provide assistance and tax relief to residents of a community that has been declared a federal disaster area. (1-899-621-FEMA)
 - o FEMA Housing assistance information
- <u>Federal Trade Commission (FTC)</u>, <u>Dealing with Weather Emergencies</u>: Practical tips to help financially prepare for, deal with and recover from a weather emergency</u>, plus spotting scams and imposters.

To contact an expert in your area, visit extension.msu.edu/experts or call 888-MSUE4MI (888-678-3464)

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- Housing Counseling Disaster Recovery Toolkit from the U.S. Department of Housing and Urban Development (HUD), including checklists:
 - <u>Household Recovery Checklist</u>: Goes over filing insurance claims, contacting your mortgage company and other creditors, protecting your income and credit rating, applying for disaster assistance, and managing the rebuilding process.
 - Insurance Claims Checklist: Reviews the steps to file homeowner and renter insurance claims.
 - <u>Working with Contractors Checklist</u>: Contains tips on finding a contractor, executing a contract, and overseeing the work.
 - <u>Healthy Homes After a Disaster Checklist</u>: Covers rebuilding including protecting yourself, staying safe, and damage assessments.
 - <u>Avoiding Post-Disaster Scams and Fraud Fact Sheet</u>: Helps with awareness of many types of contractor, financial, fake charity, and car scams targeting disaster victims.
- <u>National Consumer Law Center Disaster Relief Flow Chart</u>: Visualizes homeowner postdisaster road to recovery.
- <u>The Salvation Army</u>: Provides assistance and resources during a disaster; <u>contact your local</u> <u>Salvation Army office</u>.
- <u>Small Business Administration (SBA)</u>: Provides low-interest disaster loans to homeowners, renters, businesses of all sies, and private, non-profit organizations to repair or replace property that has been damaged or destroyed in a declared disaster.

Michigan Relief Agencies

- <u>Michigan Local Emergency Management Programs</u>: Coordinates state and federal resources to assist local government after an emergency or disaster event.
- <u>MIREADY</u>: The Michigan State Police MIREADY program provides resources and education to prepare Michigan residents for emergencies, disasters, and threats to our homeland.
- FEMA/Ready.gov for Michigan
- <u>Michigan Volunteer Registry</u>: To help support a public health or medial emergency response.

Crisis Resources

- <u>Michigan Department of Health and Human Services (MDHHS)</u>: Helps people meet basic needs like health care, economic assistance, and services for children; also serves people with disabilities and older people. <u>Locate your county office</u>
- <u>Michigan Crisis Services</u>: Connect with various crisis intervention hotlines.

- Also available: Call 2-1-1 or visit mi211.org/get-help
- <u>Community Mental Health Crisis Hotline</u>: 800-317-0708

Agriculture Resources

- <u>Michigan State University Extension</u>
 - o Severe Weather and Flooding: Agriculture
 - o Resources for Farms Impacted by Flooding
 - o Delayed Planting Resources
 - <u>MSU Extension Ask an Expert</u>: Answers from agriculture experts with Michigan State University Extension
 - o Managing Farm Stress

Benefits Screening, Referral Services and Assistance

- <u>MI Bridges</u>: Helps people determine eligibility for public health care, child care, tax credits, food support and energy assistance; available in English, Spanish and Arabic.
- <u>Michigan Department of Health and Human Services (MDHHS)</u>: Helps people meet basic needs like health care, economic assistance, and services for children; also serves people with disabilities and older people. <u>Locate your county office</u>
- <u>USA.Gov/Benefits</u>: Official U.S. government website on benefit and assistance programs.
- <u>Michigan Behavioral and Physical Health and Aging Services Administration</u>: Services for seniors and information on county offices
- <u>United Way 2-1-1</u>: National information and referral search service for help with food, housing, employment, health care, counseling, and more. Call 2-1-1 or 1-800-543-7709.
 - o <u>2-1-1 Michigan</u>

Consumer Education and Protection

- <u>Federal Trade Commission</u>: Provides consumer protection information (1-877-382-4357)
- Michigan Department of Insurance and Financial Services: Insurance help line (877-999-6442)
- <u>Michigan Attorney General</u>: Resources on consumer protection, housing, health care, senior legal rights, cars, personal finance, identity theft, charities search, fraud, etc. (1-517-335-7622 or email <u>miag@michigan.gov</u>)
- <u>Consumer Financial Protection Bureau</u>: Financial tools about various consumer loans, financial products, money management, buying a house, planning for college and retirement, and more.
- <u>Insurance Information Institute</u>: Aims to improve public understanding of insurance, what it does, and how it works.
- Direct Marketing Association (DMA): Submit requests to stop unwanted marketing messages through direct mail, telemarketing and emails:
 - To stop direct mail marketing: Send a letter to Direct Marketing Association, Mail Preference Service, PO Box 643, Carmel, NY 10512



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- To stop telemarketing: Send a letter to Direct Marketing Association, Telephone Preference Service, PO Box 1559, Carmel, NY 10512
- o To stop email marketing: Visit <u>www.dmachoice.org</u>
- <u>Do Not Call</u>: Place your phone numbers on the Federal Trade Commission's national registry to stop unwanted telemarketing calls (1-888-382-1222)
- Opt-Out of Credit: "Opt-out" of pre-approved credit offers (1-888-567-8688)
- Phone Discounts for Low-Income Users: Sign up for services such as Lifeline, Telephone Assistance Plan (TAP), and Link-Up; contact your local phone company for information.

Employment and Unemployment Resources

- <u>Michigan Community Action</u>: Local assistance to families, including energy assistance, weatherization, food and clothing shelves, Head Start, child care programs, and job assistance/training. <u>Contact your local</u> agency for more information.
- <u>U.S. Department of Labor</u>: For information and resources for employed and unemployed workers, and retirement and health care benefits for dislocated workers.
- <u>Michigan Works!</u>: Helps with job searching, career planning, and job training (1-800-285-9675)
- <u>Michigan Department of Labor and Economic Opportunity (LEO)</u>: Resources on essential tools to make job searches successful
- <u>Michigan Unemployment Insurance Agency</u>: Temporary benefits to qualified persons out of work
 - o MiWAM Portal and Services for Claimants
- <u>Offender Success</u>: Provides re-entry services that help incarcerated persons prepare for release; also provides resources for ex-offenders in job searches, housing, clothing, and family services

Financial Management

- <u>Michigan State University Extension Mi Money Health</u>: Resources for family resource management, financial security for later life, financial literacy, resource management for daily living, and homeownership.
- <u>American Association of Daily Money Managers (AADMM)</u>: Provides daily money management services to members
- AARP: Money management information with focus on those 50 and over
- <u>American Institute of Certified Public Accountants</u>: Tips and tools for managing money through marriage, parenthood, homeownership, college savings, and retirement

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- <u>Consumer Federation of America</u>: Provides consumers with a voice in decisions that affect their lives in the areas of communications, energy, finance, food and agriculture, health and safety, and housing
- <u>Federal Reserve Bank</u>: "Consumer Information" page includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers, and more
- Money Sense: Basic financial education information and tools for consumers
- <u>MyMoney.gov</u>: Provides information from 20 federal agencies and bureaus on making smart financial choices. <u>Also available in Spanish</u>.
- <u>Smart About Money</u>: Articles, worksheets, and other information to manage dollars better from the National Endowment for Financial Education
- <u>Social Security Administration</u>: Estimate future Social Security benefits or find information on Medicare benefits and applications
- <u>U.S. Department of Treasury, Financial Literacy and Education Commission</u>: Provides a variety of resources for financial literacy, savings, and more

Credit Counseling

- <u>National Foundation for Credit Counseling</u>: Find a certified agency by visiting their website or call 1-800-388-2227
- <u>Consumer Credit Counseling Services</u>: Visit their website or call 800-769-3571

Debt Management

Bankruptcy Resources

- U.S. Bankruptcy Court, Eastern District of Michigan: Filing without an attorney
- U.S. Bankruptcy Court, Western District of Michigan

Gambling Resources

- <u>Gamblers Anonymous</u>: Visit the website or call 1-800-270-7117
- <u>Michigan Association on Problem Gambling</u>: Prevention, education, and resources for solving gambling problems. Visit the website or call 517-672-6904.
- National Council on Problem Gambling: Visit the website or call 202-547-9204

Other Debt Resources

- <u>Federal Reserve Bank Consumer Information</u>: Includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers and more.
- <u>PowerPay</u>: Interactive calculator helps determine how to manage credit and debt
- <u>U.S. Department of Education</u>: Student loan consolidation information, visit the website or call 1-800-872-5327



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Investment Resources

- <u>Federal Reserve Bank Consumer Information</u>: Includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers and more
- <u>Financial Industry Regulatory Authority</u>: Investing information
- <u>U.S. Securities and Exchange Commission</u>: Consumer investing publications and online calculators

Food and Nutrition Resources

- Michigan State University Extension
 - <u>Nutrition Programs</u>
 - o Food Safety During Emergencies
- <u>Michigan Food Pantries</u>: List of some food pantries in Michigan
- <u>Food Bank Council of Michigan</u>: Cooperative food resource and distribution program to local emergency food providers
- <u>United Way 2-1-1</u>: Help with accessing food. Also available in Spanish.
- <u>Michigan Food Assistance Programs</u>: Visit the website or contact your county health and human services office
- Free or Reduced School Breakfast and Lunches: Apply any time to your local school district
- <u>MyPlate.gov</u>: Personalized eating plans and interactive tools from the U.S. Department of Agriculture (USDA) to help access and plan food choices based on the dietary guidelines for Americans
- <u>USDA Center for Nutrition Policy and Promotion (CNPP)</u>: Develops and promotes dietary guidance that links scientific research to nutrition needs of consumers
- <u>WIC (Women, Infants & Children Program)</u>: Provides supplemental foods, health care referrals, and nutrition education for low-income women, infants, and children up to age five who are at nutritional risk

Health Care, Medical and Dental Resources

- <u>Michigan Department of Health and Human Services Help Finding Health Care Page</u>: Information on health care programs, general assistance, Healthy Michigan, and medical assistance
- <u>U.S. Health Resources & Services Administration Find a Health Center Tool</u>: Low-cost health care options

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Housing Resources

Heating Assistance

- <u>Michigan Public Service Commission</u>
- Contact your local Community Action Agency
- Michigan Department of Health and Human Services

Foreclosure Prevention Resources

- Federal Housing Finance Agency Mortgage Assistance: Help with mortgage payments
- Michigan State Housing Development Authority (MSHDA): 1-855-646-7432
- <u>Michigan Homeowner Assistance Fund (MIHAF)</u>: Resources if you are behind on mortgage payments or property taxes. Visit the website, call 844-756-4423 or email <u>MSHDA-HO-HAF@michigan.gov</u>
- Search your address to find out if your mortgage is Fannie Mae or Freddie Mac:
 - Fannie Mae Loan Lookup Tool
 - o Freddie Mac Loan Lookup Tool
- Find a HUD-approved housing counselor
- County Register of Deeds: Records real property documents, including deeds, mortgages, and liens.
- County Treasurer: Property taxes, hardship extension, and repayment plans.
 - Local Tax Assessor: At your city hall or township, for Principle Residence Exemption for owner occupied homes and Poverty Tax Exemption for low income.
- <u>U.S. Department of Housing and Urban Development (HUD)</u>: Information to help those in foreclosure or worried about it in the future (1-800-569-4287)

Home Repairs

- Find your local Community Action Agency
- <u>U.S. Department of Agriculture (USDA) Rural Development</u>: Visit the website or call 517-324-5190
- Habitat for Humanity, Michigan: 855-422-6424
- HUD Michigan Homeowner Repair and Rehabilitation Assistance
- <u>Federal Home Loan Bank Indianapolis (FHLBI)</u>: Accessibility Modifications Program, serves Michigan residents (800-443-2568)

Rental Assistance

- <u>HUD Housing Counseling Office</u>: Find out about public housing and eligibility (1-800-569-4287)
- Justshelter.org: For renters in distress



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Immigration and Human Rights Issues

- <u>Michigan Legal Help</u>: For legal resources, also available in Spanish
- MSHDA Fair Housing: Information about discrimination and rights, and how to file a complaint
- Michigan Immigrant Rights Center

Legal Resources

- <u>Michigan Legal Help</u>: For legal resources, also available in Spanish
- <u>Michigan Legal Services</u>
- State Bar of Michigan
 - o Find out if you qualify for legal aid
 - o Search for a lawyer

Military Service Member Resources

- <u>Michigan Department of Military & Veterans Affairs (DMVA)</u>
- <u>Military One Source</u>: Education, information, resources, referrals, and counseling for military service members and their families
- <u>Veterans Affairs Transition Assistance Program (TAP)</u>: The U.S. Department of Defense's official website for service members returning home from active duty

Parenting and Family Education Resources

- <u>Michigan State University Extension</u>, <u>Parent Education Programming</u>: Offers parent education programming and resources
- Michigan Department of Education Parent Resources
- <u>Michigan Alliance for Families</u>: Information, support and education for children with special education needs
- <u>Parenting 24/7</u>: Advice on parenting and family life
- <u>Parent Advocacy Coalition for Educational Rights</u>: Information about children with disabilities as well as links to other areas, including bullying

Tax Assistance

- <u>AARP Tax-Aid Program</u>: Free tax preparation assistance services (1-888-227-7669)
- Internal Revenue Service (IRS): 1-800-829-1040
 - IRS Free File: Offered in a variety of languages
- Volunteer Income Tax Assistance
- Michigan Free Tax Help
- <u>Michigan State University Tax Clinic</u>: Free legal-aid clinic that works with low-income taxpayers having controversy with the IRS
- Michigan 2-1-1